

MOVIES

TOHO CINEMAS Niihama (AEON Mall)

January 7 ~	The Marksman	Sub
January 7 ~	Spider-Man No Way Home	Sub/Dubbed
January 14 ~	Cry Macho	Sub
January 14 ~	House of Gucci	Sub
January 21 ~	Coda (PG12)	Sub
January 21 ~	Clifford the Big Red Dog	Sub
January 28 ~	Resident Evil: Welcome to Raccoon City	Sub
February 4 ~	The 355 (PG12)	Sub
February 4 ~	Ghostbusters: Afterlife	Sub
February 11 ~	West Side Story	Sub
February 25 ~	Death on the Nile	Sub
February 25 ~	Cyrano	Sub

Due to the new coronavirus infection, movies might be changed without notice. So please check the homepage for information.

Information Service

Internet: <http://niihama-aeonmall.com>

Tape (24 hrs): 050-6868-5019 (in Japanese)



This newsletter is published by SGG, a volunteer group that helps foreigners living in Niihama. If you need any advice, information, or support, please contact SGG. SGG would welcome any suggestions, questions, or ideas for monthly articles.

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*The editors for this month are T. Hoshita and T. Oishi.

ONE POINT JAPANESE

「はず」の使い方

A : グローバルパーティーのチラシの イラスト、だれに ^{たの}頼んだらいいですか。
 Gurōbaru pātī no chirashi no irasuto, dare ni tanondara ī desu ka?
 (Who should I ask to draw the illustration for the Global Party flyer?)

B : 田中さんが イラストが ^{じょうず}上手な はずですよ。
 Tanaka san ga irasuto ga jōzuna hazu desu yo.
 (Tanaka-san should be good at illustrating.)

A : え? そうなんですか。じゃあ、田中さんに ^{たの}頼んで ^みみますよ。
 E? Sō nan desu ka. Jā, Tanaka san ni tanonde mimasu.
 (Oh, really! Then I'll try asking him.)

B : ええ、すてきな チラシに なったら いいですね。
 Ē, suteki na chirashi ni nattara ī desu ne.
 (OK. I hope it will be a nice flyer.)



A : きのう、イオンで ジョンさんを見かけましたよ。
 Kinō, Ion de Jon san o mikakemashita yo.
 (Yesterday I saw John at Aeon.)

B : そんな はずはないよ。ジョンさん、今、国へ ^{いま}帰って ^{かえ}いるよ。
 Sonna hazu wa nai yo. Jon san, ima, kuni e kaette iru yo.
 (That can't be right! John is back in his home country now.)

A : そうなんだ。それにしても、よく ^に似ていたなあ。
 Sō nan da. Sore ni shite mo, yoku niteita nā.
 (Oh. Even so, he really looked like John.)



A : グローバルパーティーに 田中さんは ^こ来ないんですか。
 Gurōbaru pātī ni Tanaka san wa konain desu ka?
 (Isn't Tanaka-san going to come to the Global Party?)

B : ^{きゅう}来る ^{つごう}はずだったんですが、^{わる}急に ^わ都合が 悪くなって……。
 Kuru hazu dattan desu ga, kyū ni tsugō ga waruku natte ...
 (He was supposed to come but something suddenly came up.)

A : そうなんですか。 ^{ざんねん}残念なあ。
 Sō nan desu ka. Zannen da nā.
 (Really? That's too bad.)



< by Niihama Nihongo no Kai >

NNK also provides Japanese lessons for foreigners living in Niihama. Feel free to contact us at: Tel 0897-34-3025 (Manami Miki). e-mail: manami-m@js6.so-net.ne.jp

What's New?

Niihama City No.318 February 2022

Published by SGG Niihama



Pilgrimage to the 88 Sacred Places of Shikoku (from Ehime Shimbun November 29, 2021)

It is said that after visiting the 88 places of the Shikoku pilgrimage, many people become deeply enamored by the charms of the pilgrimage. This phenomenon is called “O-Shikoku-Byo”, or Shikoku Pilgrimage Sickness. These days because of the COVID-19 crisis, people can't visit these spots, so they fall into a situation where they are suffering from “Shikoku Pilgrimage Love Sickness”, they say.

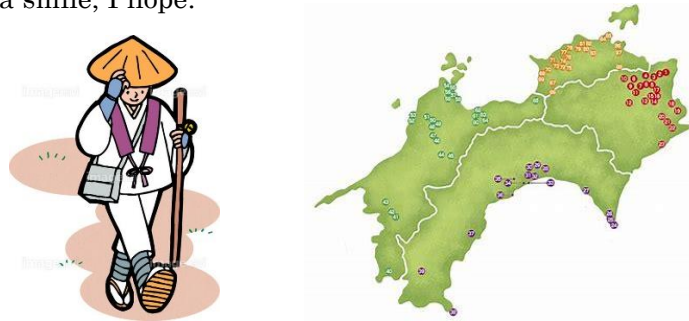
I interviewed Tanaka Shinya who provides some services to “Henro” (pilgrims) at the former pilgrimage inn Sakamotoya in Kubono-cho, Matsuyama city. The inn is over 100 years old and was closed at the beginning of Showa era (about 1926) before being restored. About 30 volunteers work there in turn on Saturdays and Sundays from March to November.

The inn stands at the foot of Misaka-Pass on the way from No.45 Iwaya-ji temple to No.46 Joruri-ji temple. You can fully enjoy the atmosphere of the Satoyama landscape there. On that day he kindly talked to one Henro walking down the pass, saying ‘Would you like to take a rest?’

The other day the global travel guidebook Lonely Planet announced the “World Top 10 Regions to travel in 2022”, in which Shikoku appeared in sixth place. They introduced Shikoku as an unknown Japanese treasure, due in large part to the Shikoku pilgrimage.

They evaluated it based on their own criteria such as “Topicality”, “Unique experiences”, and “Commitment to sustainable tourism practices”. Furthermore, it’s healing power or new sense of values fall in line with what is needed in the world under the coronavirus crisis.

The culture of “O-Settai”, which means providing a place to rest or serving something to drink and eat for free, greatly boosts the charms of the pilgrimage. This year business repeated temporary suspension and restart. Mr. Tanaka met only 20 Henro, which was under one fifth of the peak period. “I feel very sad. Next season will start in March, 2022. We will be able to welcome people yearning for ‘Shikoku Henro’ with a smile, I hope.”



A Hint for Your Life

Watch Out for Low-temperature Burns

(from Ehime Shimbun, December 14, 2021)

In winter many people use hot-water bottles or disposable heated pads to stay warm, but you must watch out for low-temperature burns. Please use these items properly; do not apply them to the same spot on your body for too long however warm and comfy they may feel.

Hot-water bottles or electric foot-warmers should be used only to warm your bedding and must be removed or switched off before sleep. Electric blankets should also be turned off or set to the lowest temperature. Disposable heat pads should be put on your underwear and peeled off before sleep. Do not use them under the kotatsu (a heated Japanese table draped with a blanket) or near a heater, otherwise their temperature might increase rapidly.

You must pay special attention to infants and toddlers, the elderly and people with diabetes who have a low or impaired sense of touch or feeling. Low-temperature burns could be more serious than they look and you should see a doctor if you have pain or feel something strange.

Niihama Medical Association Presents Health Care Booklet

"The Prediction of 2022 Cedar Pollen Dispersal"

(From Niihama Monthly City News January 2022 Issue)

The prediction of this year’s cedar pollen dispersal was announced jointly by Japan’s Ministry of the Environment and Meteorological Agency. According to the prediction, the beginning of pollen dispersal will align with the annual average nationwide, which means it will hit the Toyo area of Ehime prefecture in mid-February.

The scattering amount of pollen depends greatly on the weather of the previous year. In the Shikoku region, the hours of sunlight last summer were at the annual average while the average temperature was a bit below average, meaning the weather last year was inadequate for growth of the cedar staminate flower. Based on last year’s weather data and the average of these several recent years, the scattering amount of pollen dispersal in the Shikoku region this spring is predicted to be 70 to 90 percent of the average year or 50 to 80 percent of last year.

On days of intense pollen scattering, protect yourself with a mask, hat, coat, eyeglasses, etc. to prevent the ingestion of pollen through your eyes, nose and mouth. When you enter the house upon returning home, or when you take laundry or aired beddings into the house, shake pollen off well to prevent pollen from entering the house. Since it is well known that pollen dispersal is more intense the day after a rainfall, you must pay more careful attention on those days.

Since people who suffer from hay fever generally know when symptoms will start every year, beginning remedies about two weeks before the symptoms start may make symptoms lighter than beginning to take an anti-allergic agent after symptoms have already begun.



★The 31th Niihama Global Party★



Date: Sunday, February 13th, 2022
 Time: 1:00 p.m. ~ 3:30 p.m.
 Venue: Niihama Women’s Plaza
 4-4-11 Shōnai-chō, Niihama-shi Tel:0897-37-1700
 Admission: 500 yen/person.
 Free for children age 6 and Younger.

Participants are required to wear a mask and are not allowed to enter with a temperature over 37.5C. We cannot serve any food and drink because of the Covid-19 circumstances. We will open the windows for ventilation several times during the party, so please dress warmly.

The party may have to be postponed, so please check this QR code before coming.



Online Information in English from Niihama City

☆ **A Guide for Living in Niihama**



☆ **The Niihama Medical Institution Map**



☆ **How to Sort Your Trash and Garbage**



☆ **What’s New? in English**



☆ **Niihama Tourist Information**
<https://niihama.info/>



☆ **A Daily Life Support Portal for Foreign Nationals**