

MOVIES

TOHO CINEMAS Niihama (AEON Mall)

June 21 ~	Bad Boys: Ride or Die	Sub
June 28 ~	Born to Fly	Sub
July 24 ~	Deadpool and Wolverine	Sub
August 1 ~	Twisters	Sub
August 16 ~	The Fall Guy	Sub

Movies might be changed without notice.
So please check the homepage for information.

Information Service
Internet: niihama-aeonmall.com
Tape (24hrs) :050-6868-5019 (in Japanese)

This newsletter is published by SGG, a volunteer group that helps foreigners living in and around Niihama. If you need any advice, information, or support, please contact SGG.

We would like to hear your feedback on What's New? so please don't hesitate to contact us.

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*The editors for this month are M.Hada & N. Negoro.

ONE POINT JAPANESE

「~は ちょっと...」の使い方
(How to use 'I'm not sure'.)

A : このパンフレットをもらってもいいですか。

Kono panfuretto o moratte mo ī desu ka.
(Can I have this pamphlet?)



B : はい、どうぞ。

Hai, dōzo.
(Yes, go ahead.)

A : このポスターもいいですか。

Kono posutā mo ī desu ka.
(Can I have this poster, too?)



B : それは ちょっと.....

Sore wa chotto...
(I'm not sure about that...)

A : 昨日 釣りに行って きました。

Kinō tsuri ni itte kimashita.
(I went fishing yesterday.)



刺身を作ったので、いっしょに 食べませんか。

Sashimi o tsukutta node, isshoni tabemasen ka.
(I made sashimi, so how about having some with me?)

B : ありがとう ございます。でも、生魚は ちょっと.....

Arigatō gozaimasu. Demo, namazakana wa chotto...
(Thank you very much. But...I'm not a fan of raw fish.)

A : 今日は 暑いですね。帰りに ビールでも 飲みませんか。

Kyō wa atsui desu ne. Kaeri ni bīru demo nomimasen ka.
(It's sure hot today! On our way home, how about a beer?)

B : すみません、今日は ちょっと.....

Sumimasen, kyō wa chotto...
(Sorry, I can't make it today.)



< by Niihama Nihongo no Kai >

NNK also provides Japanese lessons for foreigners living in Niihama.

Feel free to contact us at:

Niihama Kokusai Kōryū Kyōkai (Niihama International Center)

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What's New?

Niihama City

No.348

August 2024

Published by SGG Niihama



British food: Belovedly bland

Ruby Punt

When asked the question “What do you miss most about home?” I’m often laughed at when I reply “The food.” It’s a common joke that British food is awful. Mocked for being bland in both taste and colour, British food is seen as unpalatable and simple. However, I view British food as homely and nostalgic.

The roast dinner is arguably our most famous dish. A roast dinner contains roast beef, roast potatoes, a Yorkshire pudding (a savoury pancake that rises as cooked), stuffing (a baked mixture of onion, sausage, breadcrumbs and seasoning), an assortment of vegetables and gravy. It is believed that the Royal Guards popularized roast dinners in the 15th century as a post-Church meal. The colloquial term for the British Royal Guards, “Beefeater”, highlights this history.

Toad in the Hole dates back to the 18th century as was seen as peasant food. Although called a toad in the hole, this meal has nothing to do with toads or frogs. A toad in the hole is simply a big Yorkshire pudding (hole) with sausage cooked in the middle (toad). This meal was created to make use of a small amount of meat so that commoners could make the most out of what little meat they could afford.

Likewise, shepherd's pie- similar to our cottage pie- is another cheap traditional British meal. Shepherd's pies became popular during the 19th century as they were cheaper to make than conventional meat pies and could be made using leftover food. Originally, cooks would use the leftover meat, vegetables, and gravy from a roast dinner to create a rich base layer, add mashed potatoes on top, and bake the pie in the oven until golden brown on top. Nowadays, we simply use minced meat, carrots and onion with broth as the base layer.

Another classic British dish is the Full Breakfast. Despite having the name Full Breakfast, this dish can be eaten at any time of day. A full breakfast is a hearty meal that contains bacon, sausage, fried tomato, baked beans, egg, hash browns and mushrooms. This high-energy meal originated during the 13th century but was popularized during World War two as it gave soldiers much needed calories. In recent years, the full breakfast has become less common as it is quite unhealthy.

As you can see, many of our dishes have been adapted to be calorie and cost-efficient. It is argued that our bad food reputation started during World War Two as our recipes were adapted to suit the rationing system. However, I think people just enjoy teasing us about our food because they know it riles us up

Ms. Ruby Punt is from Norwich, England. She has been working as an Assistant Language Teacher in Niihama since August 2023. She has visited 36 countries all over the world. You can follow her on Instagram at @Ruby Punt

Air Conditioner Power Saving

(Ehime Shimbun, August 20, 2023)

When you go out on a sweltering hot day, you may wonder whether you should turn off the air conditioner or not. If you go out for a short time, like thirty minutes, leaving the AC on may save energy.

The AC consumes electricity most until it reaches the set temperature, so keeping the temperature with the AC on consumes less electricity. However, the temperature outside is about thirty degrees Celsius, turning off frequently may save energy.

If you go out with the AC on, you should set the temperature

one degree higher than usual, and set air volume and direction automatically.

Why not make use of thermal curtains and thermal sheets to shut off direct sunlight so as to suppress the temperature rise inside the room? Make sure to clean the filter regularly.

Scarlet Dwarf Observation: Prefectural Endangered Species in Saijo

Smallest in Japan

(Ehime Shimbun, June 19, 2024)

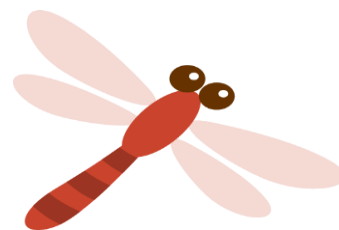
An event to observe scarlet dwarf on June 15th and 16th at the Dan-no-ue swamp in Saijo-city.

The length of a scarlet dwarf is only two centimeters even for adults. Because of the decrease in vital swampland, the Dan-no-ue swamp is currently their only habitat.

According to Kondo Shigetaka (61), a Preservation Society member, there were only 100 dwarfs about fifteen years ago, but have increased to more than a thousand today. For the past few years, a research team from Saijo High School has been conducting demonstration experiments to follow their changing habitat and have confirmed that the dwarfs lay eggs in a box filled with water and plants when the box is located away from the inhabiting belt.

Kondo said, "We would like to establish a biotope specialized exclusively for scarlet dwarfs repeating demonstration experiments by changing experimental conditions. We hope this event will encourage more people to become interested and get involved with our activities."

Takahashi Keita









AUGUST EVENTS

August 11th 14:00 to 15:30
JAZZ STUDENT & CITIZEN BAND concert will be held in AKAGANE MUSEUM Hall. Niihama Junior high school, Niihama Higash High school & Niihama Citizens' brass bands will play. Free of charge

July 27th~Sep 1st 10:00 to 17:00
MOBILE AQUARIUM in WAKURIE NIIHAMA
More than 30 kinds of gold fish are exhibited
Please contact Wakurie Niihama at 0897-39-6789 for information.
Fee: ¥100 for one year of age to elementary school students
¥200 for junior high school students
¥300 for high school students and older

Online Information in English from Niihama City

- ☆ A Guide for Living in Niihama 
- ☆ The Niihama Medical Institution Map 
- ☆ How to Sort Your Trash and Garbage 
- ☆ What's New? in English 
- ☆ Niihama Tourist Information
<https://niihama.info/> 
- ☆ Help with legal matters, discrimination, insurance, etc
Japan Life Guide
(Nartionwide service) multilingual 
- ☆ Yoriso Helpline for foreigners
[TEL:0120-279-338](tel:0120-279-338) 10:00 a.m.~10:00 p.m.
Multilingual Your privacy will be protected.